

FREE Easy Walks



PARKS, RECREATION & COMMUNITY SERVICES

July & August 2024

Mondays, 9:30 - 10:30 a.m.

Leader: Dianne

July 1 – No Walk – Stat

July 8 – Lambrick to Mt. Doug Cross Road

Meet by main entrance to Gordon Head Recreation Centre, off Feltham Avenue.

July 15 – Colquitz Circle

Meet by tennis courts at Copley Park West, on Parkridge Street, off Vanalman Avenue.

July 22 – Broadmead South Loop

Meet/park at Emily Carr Park, Emily Carr Drive.

July 29 – Playfair to Cedar Hill Golf Course - Loop 2

Meet in main parking area for Playfair Park, off Rock and Quadra Streets.

Aug. 5 – No Walk – Stat

Aug. 12 – Hyacinth/Pacific Forestry Centre

Meet at Hyacinth Park main parking lot on Marigold Road.

Aug. 19 – Cadboro Bay/Queenswood

Meet/Park at Maynard Park on Maynard Street, near playground.

Aug. 26 Viaduct Flats/Interurban

Meet at Viaduct Flats parking lot, on Interurban opposite intersection with Viaduct Avenue West.

 = Easy Group Pace

One-hour, group-paced social walks, on pavement and smooth trail through parks and interesting neighborhoods. Some short standing pauses. Where possible routes avoid steep hills.

For other levels of paced walks see saanich.ca/trailsandtreks or call 250-475-5408.

Please Note: If walk cancels due to an emergency, or inclement weather (extreme heat), the website will be updated at saanich.ca/trailsandtreks up to 1 hour prior to a walk.



September-December 2024

Mondays, 1:30 – 2:30 p.m.

(Fall Hours)

Leader: Penny

No Walks – Stat Holidays Sept. 2, 30, Oct. 7, Nov 11

Sept. 9 – Lambrick/Tyndall Parks

Meet outside main entrance to Gordon Head Recreation Centre.

Sept. 16 – Gorge – Upper Waterway

Meet at Gorge Park parking on Gorge Road West, opposite Orillia Street. (Not Canoe/Kayak Club parking).

Sept. 23 – Swan Creek/Mt. View

Meet/park by trailhead for Swan Creek Park on Jolly Place, off Glanford Avenue at McKenzie Avenue.

Oct. 14 – McMinn/Doris Page Parks

Meet by entrance to McMinn Park, on Maplegrove Street, off Sunnymead Way and Cordova Bay Rd.

Oct. 21 – Gordon Head West

Meet/park by Majestic Park playground on Majestic Avenue.

Oct. 28 - Layritz/Quick's Bottom

Meet at Layritz Park parking lot, Layritz Avenue, off Glyn and Wilkinson Roads.

Nov. 4 – Broadmead Village/ Royal Oak Burial Park Meet in front of Starbucks, at Broadmead Village.

Nov. 18 – Playfair Park/ Cloverdale

Meet in main parking lot for Playfair Park, Rock Street, off Quadra St.

Nov. 25 Sierra/Arbutus Cove Parks

Meet/park near tennis courts at Sierra Park, on San Juan Avenue.

Dec. 2 Tillicum/Cuthbert Holmes Park

Meet by steps up to Silver City Cinema, Tillicum Mall.

Dec. 9 Shelbourne Valley/Cedar Hill

Meet at Horner Park parking lot, on Palo Alto Street, near Cedar Hill Cross Road.